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Hello Please Live volunteers, supporters, fans, and interested community members!

I'm so pleased to present this annual report for 2016's calendar year. We continued to make great strides in our community and surrounding areas, and once again our greatest impact happened right in our own backyard of South Central Pennsylvania.

Over these next few pages we outline our impact, share some personal stories, report our financial standing, and thank our supporters for their help this past year. We take great care in being transparent with our supporters and hope you find this document as exciting as we do.

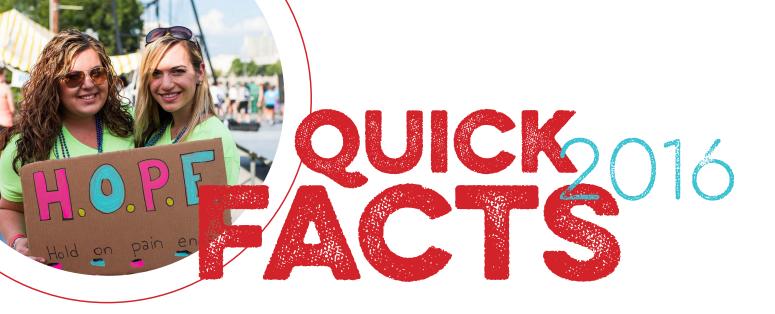
As not only the executive director but also the founder of Please Live, it is a humbling experience to see this brainchild of an organization reaching so many lives. As someone who has "been there, done that"—someone who has felt the numbing pain of depression, the rock-in-your-stomach despair of anxiety, and the hopelessness of suicidal thoughts—I must say that seeing other youth reach out for help, get treatment, and

regain hope because of what we do is the pinnacle of our accomplishments. I cannot emphasize enough how honored I am to continue to grow with Please Live.

I want to personally thank each and every individual and business who has supported Please Live, whether through volunteering, consulting, words of support, or financial contributions. As a nonprofit, we could not exist without the connections we make with our community and supporters. Because of your support, we can continue doing what we do best: saving lives.

As we continue onwards into 2017, we anticipate growing exponentially and reaching even more communities, schools, churches, and youth with our education, and we invite you to once again partner with us.

Alexa Moody Executive Director





events this year!



Love Life Ministries presentations given



given

Provided our program to2,454 middle and highschool students



Youth Mental Health First Aid trainings provided



teachers/staff trained in Youth Mental Health First Aid



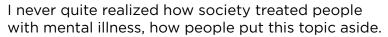
Reached over **4,300** adults and students with information about Please Live



PROGRAM EIGHLIGHTS

Below is real feedback from students who have been through our program at Mechanicsburg Area Senior High (MASH) and Cumberland Valley High School (CVHS).





-CALEB. 15

I was given hope that I'm not really alone, even when I feel like I am. I was super uncomfortable when it started because I knew that what was discussed described me, and I've always been ashamed of my feelings and thoughts. After this event, I am less ashamed.

-MADDIE, 15

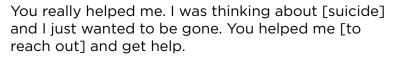


It was great. NOW I know how to help my friends.

-FRESHMAN STUDENT, MASH

This presentation is amazing. Knowing what I know now, I know I can help my friends and myself if needed.

-FRESHMAN STUDENT, CVHS



-FRESHMAN STUDENT, CVHS

I thought the presentation was great. It is a dark subject, but set up in a way that didn't make it darker.

-FRESHMAN STUDENT, MASH

It was very informative. I didn't think of mental illnesses as diseases before but now I understand the severity of them.

-FRESHMAN STUDENT, CVHS



NOW I KNOW HOW TO HELP MY FRIENDS,

-FRESHMAN STUDENT

Mechanicsburg Area Senior High

COMMUNITY EEDBACK

Below is feedback we have recieved from several of our partners and community organizations that we have worked with.

We have all been touched in some fashion by suicide and have been frustrated by the lack of opportunities available to learn to be involved in doing what we can to help stem the tide of suicide. Please Live has proven an effective voice and has had a powerful impact on those we serve and care deeply about.

-ANTHONY HOUSE

PerformCare

We continue to see the struggles of mental health in our schools and recognize the barriers constructed of depression, anxiety, and stress; all of which can lead to suicidal ideation. Please Live demonstrates a commitment of community outreach and offers a multitude of resources to students, staff, and families in a joint effort to decrease unnecessary deaths and injuries within our community.

-DORIS BABOIAN

Director of Student Services at Cumberland Valley High School

I have been amazed by what Please Live has done to bring better understanding of mental health issues to youth, parents, teachers, and other adults working with young people. Please Live's programs are very effective to the point of being lifesaving.

-SHARON ENGDAHL

Mental Wellness Awareness Association

Our freshman class was provided excellent information about adolescent depression and suicide prevention. This information was well received and we saw immediate results as students' concerns were addressed with staff as a result of this education.

-GINA DANIEL

School Social Worker at Mechanicsburg Area Senior High

It is an honor to parnter with Please Live to care for the community.

-JOHN BURCHARD

InHim Christian Wellness

I was so impressed with the way we, as the audience, were introduced, invited in, and engaged by Please Live concerning a topic that is traditionally difficult to discuss... As we listened to all that Please Live offered that afternoon, it was obvious people were touched and that education, increased awareness, and the desire to "do something" had occured.

-ANTHONY HOUSE

PerformCare



REVENUE: \$15,478.77

Donations	\$11,100.94
Unrestricted: Individuals/Trustees	\$1,541.84
Unrestricted: Businesses/Corporations	\$8,187.10
Temporarily Restricted: Programs	\$1,372.00
Merchandise	\$449.00
Fundraising	\$1,928.25
Miscellaneous Income	\$2,000.58
Transfers	\$630.44
Refunds	\$1,177.02
Interest	\$1.93
Fee Reversals	\$191.19

EXPENSES: \$14,703.66

Programs	\$6,550.65
STOMP Expenses	\$6,130.13
Love Life Ministries Expenses	\$420.52
Administrative Expenses	\$3,273.48
Fundraising Expenses	\$4,879.52

2016 NET INCOME: \$775.11

I WAS THINKING ABOUT SUICIDE. YOU HELPED ME REACH OUT AND GET HELP,

-FRESHMAN STUDENT
Cumberland Valley High School

OUR SUPPORTERS

BUSINESSES

AmazonSmile

33 Dimensions LLC

D&H Cares*

Dauphin County Taskforce

Davo Productions

eciGroup

GoFundMe

John Henry Realtor

Kylen Financials

Lemons and Lace

Masters Advisors Inc

Mental Wellness

Awareness Association*

Orrstown Bank

Pennsylvania Psychiatric

Institute

PSECU

United Way

FOUNDATIONS

TFEC: The Mechanicsburg

Foundation

EVENT PARTNERS

Mechanicsburg Area School District Cumberland Valley School District

Harrisburg's YWCA

Washington Avenue

Bible Church

West Shore Christian

Academy

Susquehanna University

Millersville University

Cumberland County Youth

Advisory Board

Central Susquehanna

Intermediate Unit

Cumberland/Perry VoTech

Shiloh Baptist Church

of York

Susquehanna Township

School District

INDIVIDUALS

Jaqueline Bowser

Rebecca Bowser

Jeffrey Davis

David Dobos

Jonra Feldman

Lorah Feldman

Robert Fisher

Dennis Fought

Andrew Graham

Jamie Hiehl

Andrea Kemble

Joe Knezic

Alexa Moody

Benjamin Moody

Hannah Moody

Kathleen Moody

Bambi Neville

Chelsea Norman

Katherine Peters

Krystina Sanders

Corey Snyder

Cherice Swick

Harley Quinn

Tiffany Young

SPECIAL THANKS

The Mental Wellness Awareness Association for being our Youth Mental Health First Aid Provider for our programs!

D&H Cares for being our longest standing financial contributor to our mission!

BOARD OF DIRECTORS



KATHERINE PETERS

President



Secretary



COREY SNYDER

Treasurer



Love Life Ministries



DAVID COOK

Web Developer



Art Director



ANDREA KEMBLE

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Marketing Director









FOR YOUR PARTNERSHIP

IN SAVING LIVES

