

SOCIAL MEDIA POLICY

As a nonprofit made up of primarily young adults and millennials, we love our social media, and we love the freedom to control our digital image. We don't want to infringe upon your freedom to do what you wish with your social media accounts.

That being said, as a volunteer, you are a representative of Please Live. While we don't typically monitor social media accounts, if we become aware of any of the following problems, it will warrant a discussion with you about what is appropriate for a Please Live volunteer. Continued problems may result in removal of volunteer status.

Prohibited Posts:

- Photos, videos, or posts depicting any illegal activities, including drug consumption or underage drinking
- Any posts that are contrary to the mission and vision of Please Live
- Any posts that are contrary to our Code of Awesome
- Any posts that reveal confidential information from Please Live
- Abusive language towards any member of Please Live

Guidelines to be aware of:

- Some topics are considered controversial, such as death with dignity and whether or not suicide sends someone to hell. Please be mindful of these posts. It is suggested that you seek guidance from your committee chair before posting/reposting anything with controversial mental health subjects.
- Please be mindful of language surrounding mental health. For example, use the phrase "died by suicide" as opposed to "committed suicide". See the [American Foundation for Suicide Prevention's guidelines](#) for more information.
- Think before you post. Use common sense and practice self-control with all social media accounts. If you are not comfortable with Please Live's President, directors, or committee chairs reading the post, don't post it.

I understand that my behavior on social media can affect the perception of Please Live, thus I agree to the guidelines set above. I understand that continued problems may result in my removal as a volunteer.

Print: _____ Date: _____

Signature: _____